

Encore!

F.E. Peacock Middle School

January, 2012

Irish soda bread and Shepherd's Pie

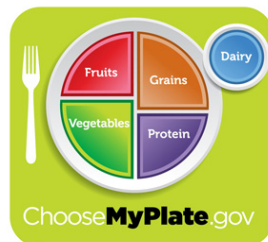
We have accomplished a great deal in FACS during the first half of the school year. Eighth grade students in the first quarter FACS elective hosted another successful Senior Citizen Luncheon. Guests enjoyed a lunch of Irish soda bread, shepherd's pie, and glazed Irish tea cupcakes. They even took home their own little "pot of gold" (Hershey's chocolate wrapped in gold foil)! Thank you to all staff and parent volunteers who helped to make the Luncheon possible, especially the O'Brien family, who coordinated and performed several traditional Irish dances.



So what are we doing in FACS now? Even though the Luncheon is over, we will still be cooking and having food labs within the next few weeks. In the meantime, the eighth grade students are just about to start their

Money Management unit, where they will learn about different types of bank accounts and the importance of saving money. They will work on a project in which they receive an imaginary salary, calculate their gross and net pay, and create a budget to pay for their own "expenses." It is truly an eye opening experience when teens learn the true cost of living!

Seventh grade students have just begun their unit on the food groups based on the revised MyPlate icon. It's a great addition to the MyPyramid structure, since it provides a visual of what your plate should look like on a day to day basis. Students will still learn about the structure

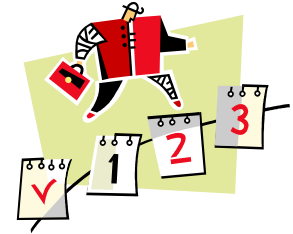


Eighth grader Julia B. prepares potatoes for shepherd's pie.

of the MyPyramid icon, so that they can have an overall picture of what a healthy lifestyle should be in the long run. Be sure to check out www.choosemyplate.gov for information.

In sixth grade FACS, we are studying the unit on Goal Setting. Although 6th grade students come to middle school with great intentions, many don't know that they also need to develop a plan of action. In this unit, they will learn not only the importance of setting goals, but also how to create steps that will help them achieve those goals.

If you have any questions about your child or what we are doing in FACS, please feel free to contact me. E-mail is the best way to reach me, but you can also leave me a voicemail, and I will try to reply as soon as I am able. hbrennan@itasca.k12.il.us or (630) 773-0335 x2008



From Peacock's Gym to Northwestern's Concert Hall

By Timothy Loest, Band Director
F.E. Peacock Middle School

Upcoming Performances

On February 26, the F.E. Peacock Middle School bands will present a winter concert, featuring a variety of compositions and arrangements, including Leonard Bernstein's *West Side Story*. The concert will also feature Peacock alumna and guest conductor Stacey Larson. Miss Larson is Assistant Band Director and Director of Music Education at VanderCook College of Music in Chicago. Upcoming Peacock band performances include:

February 26 - Sunday

Jazz, Varsity, and Concert Bands
3:00 PM - Peacock
Warm-ups at 2:15

March 3 - Saturday

Jazz Band - IGSMA Contest
All Day Event
Herrick Middle School, Downer's Grove
Time TBA

March 17 - Saturday

Concert Band – Northshore Band Festival
All Day Event
Northwestern University
2:30 PM – Pick-Staiger Concert Hall

April 12 - Thursday

Jazz Band - Fine and Applied Arts Fest
6:30 PM - Peacock
Warm-ups at 6:00

April 18 - Wednesday

Varsity and Concert Bands
7:00 PM - Peacock
Warm-ups at 6:15

May 28 - Monday

Varsity and Concert Bands - Memorial Day Parade
9:30 AM - Franzen
Roll Call at 8:30-8:45
Warm-ups at 9:00
Orchard and Maple Dispersal

Washington DC Trip and Memorial Day Parade

All sixth through eighth grade band students are required to participate in the Itasca Memorial Day Parade, including students returning from the Washington DC trip. Please plan for the parade – our community is counting on it!

Enrollment, Ensembles and the Power of Music

Music has the power to stir emotion, celebrate human achievement, relive history, and explore the diversity of human culture. This year, 30% of Peacock's regular education population participates in band. These students rehearse several times each week in preparation for a wide variety of performances. Thank you for supporting District 10's band program. Your partnership helps our students develop into emotionally-mature, creative and caring human beings. For more information, please visit: www.itascamusic.com.



Music Boosters on the Internet <http://www.itascamusic.com>

The Encore Department: Art, Band, Family & Consumer Science, Music, Physical Education, and Technology